



Education Session: Get Growing!

Summary

Explore gardening and healthy eating in a fun and hands on way.

The session is planned using the six areas of learning and development in the Early Years Foundation Stage Framework. The session is suitable for ages 3 – 6 years old and ties in with the key stage 1 curriculum as well.

Venue: Eco Classroom at Walled Garden & Walled Garden

Outline

This session is split into three activities which provide a fun and practical way to explore Norton Priory.

Learning Objectives

1. What's growing in the garden? - games and exploration connected to the Walled Garden
2. Is it good for me? – activities looking into what foods are good for the body
3. Planting and caring for my garden – preparing a garden area and planting vegetables
4. Making a plant pot and planting a seed to take home

Supports Every Child Matters Outcomes

Be Healthy: Healthy Lifestyles

Enjoy and achieve: Achieve personal and social development and enjoy recreation

Make a Positive Contribution: Engage in decision making and support the community and environment